

Thinking About Your Thinking Scorecard

Your wonderful, secret, lifetime collaboration with your own brain.

| Name | Date | Now | Next |
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| Mindsets | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | Score Now | Score Next |
|---|---|--|--|---|---|---|---|---|---|----|----|----|-----------|------------|
| 1 Three Kinds (And A Fourth) | You're not very good at thinking about anything. Your whole life has always been filled with confusing "stuff" that you don't understand. | You're growing tired of endless talking about what other people fill their lives with. You're looking for a new way to think about your life. | You've done a successful job in surrounding yourself with the "right" things and people, and thinking the "right" thoughts. | You realize that most people think about Things, People, and Thoughts, but only a few can Think About Their Thinking. You're one of them. | | | | | | | | | | |
| 2 Things, People, And Thoughts | For as long as you can remember, the Things, People, and Thoughts you've thought about have made you feel inferior, deprived, mistreated, and unhappy. | You've led your life by comparing what you have (Things, People, and Thoughts) with what others have. It doesn't work. Time for a change. | Your success in continually improving the Things, People, and Thoughts in your life enables you to feel superior to most others that you know. | You are clear that thinking only about Things, People, and Thoughts forces you into continual comparison and competition. | | | | | | | | | | |
| 3 Thinking About Your Thinking | Your thinking is increasingly reactive and apprehensive because your daily experiences are filled with frustration, conflict, and failure. | You're frustrated by the limitations of being confined to thinking about Things, People, and Thoughts, and you're now looking for a way out. | You've always tried not to go too deep in your thinking about anything, sticking to an approach that's practical and agreeable. | You increasingly learn how to improve your behavior and results by understanding and transforming your thinking in every situation. | | | | | | | | | | |
| 4 Instantly Jump From "Normal" | You've always been unhappy with all of your lifetime experiences of Things, People, and Thoughts because of your inferior status. | You've suspected that there's a whole other dimension of thinking. Thinking about only Things, People, and Thoughts is very restrictive. | You've been successful just by following the most influential individuals and thinking about the best Things, People, and Thoughts. | You love the experience of immediately switching out of your normal thinking restrictions related to Things, People, and Thoughts. | | | | | | | | | | |
| 5 Energizingly Fresh And Exciting | For you, each new day is an energy-draining bore because it's just a repeat of the frustrating and oppressive experience that's marked your whole life. | You've been experiencing exciting glimpses of what's possible when you step back from the normal, everyday thinking that others do. | You've continually been able to move ahead with your life with minimum self-reflection. You just show up and do what others expect. | You've increasingly noticed that Thinking About Your Thinking always provides you with a new perspective that energizes you. | | | | | | | | | | |
| 6 Surprising New Connections | You know that you're being left behind by other people and feel totally disregarded, helpless, and mistreated by the world outside. | You know that your biggest obstacles and deficiencies aren't caused by what's happening outside, but by what's happening inside your thinking. | Your whole life has been about improving your status — with the right Things, People, and Thoughts — with no new thinking required. | You're amazed that departing from normal thinking in any situation lets you see creative connections that provide entirely new meaning. | | | | | | | | | | |
| 7 Rejuvenating Everything | You've never been creative about anything in your life. That's not just your feeling and perception — everyone else sees it that way too. | You've always found your creative moments perplexing and frustrating, but gradually, you're realizing that you can actually create them. | You're one of those successfully confident people who has learned how to collect and make use of other people who are creative. | Your growing independence from thinking about Things, People, and Thoughts makes you increasingly creative about all three of them. | | | | | | | | | | |
| 8 Enabling Others To Transform | Your thinking about everything is fixed in place like cement. Life on all sides is bad, and nothing will ever get better. | You know you've got work to do to improve your thinking about everything, but you notice that you're transforming in many small ways. | Your life has been established in positive and pleasing ways. Your Things, People, and Thoughts are what you want. Nothing's needed. | Your Thinking About Your Thinking transforms every area of your experience for the better, thereby transforming others' thinking. | | | | | | | | | | |
| Your Total Score | → | → | → | → | → | → | → | → | → | → | → | → | | |